

Episode 183 show notes and advice

Episode description

Just as relay racers pass a baton throughout their race, the many flowers in your garden pass a similar baton between themselves to bring year-round beauty.

Plan your year perfectly with Sarah and Josie's top plants to inspire and captivate, each with their own month in which to shine - learn more as we look at how to nail your succession planning in this episode of 'grow, cook, eat, arrange'.

In this episode, discover:

- What makes honesty such an invaluable cut flower and filler around the early spring time
- The most striking combination of dahlias fit for early autumn
- How to bring the most showstopping scent to July with Sweet Pea Matucana
- A particular variety of rose which flowers surprisingly late, giving you a pleasant October burst of joy

March & April (4:35)

For the early part of the year, there are some standout varieties among the tulip and honesty families - Sarah has to recommend her namesake, while also giving a nod towards Tulip Ballerina for its striking orange silhouette with a lovely sweet scent, similar to one of Josie's picks for orange tulips, Orca.

Among the honesty family, both the purple *Lunaria annua* and the white *albiflora* are incredible choices to bring a brilliant glow to dark patches in the garden.

May - July (7:50)

Summer presents an opportunity to highlight some remarkable performers in the garden, particularly the alliums in May - both *schubertii* 'Magic' and *cristophii* are shapely, large and long-lasting.

Other great picks for impact in the summer months include the watercolour beauty of Rosa 'Hot Chocolate', and unbeatable scent of Sweet Pea 'Matucana'.

August & September (14:30)

Cosmos are order of the month for August, and while 'Xsenia' might have an exotic name, its painterly poise evokes the beauty of a classic still life drawing, and the pairing of two of our own dahlias in September - Adam's Choice and Rosie Raven - makes for a worthy successor on the way into autumn.

October & November (19:00)

With winter knocking on the door, it's a surprise to see a rose at its finest in October, but Rosa Cinco de Mayo makes its smouldering appearance as late as any other rose.

Sarah & Josie round off the episode with a hearty mention for Salvia 'Amistad', with its elongated, colourful appearance attracting bees and butterflies to its silky velvety visage.